Claims

What is claimed is:

- 1. A food composition to be consumed by a living object, said food composition comprises anchovy, wherein the anchovy has reduced concentration of heavy metals; wherein the concentration of heavy metals in anchovy is reduced by a method that comprises soaking and washing the anchovy in an aqueous solution; and wherein the soaking and washing are done by changing the aqueous solution in preset intervals.
- 2. A food composition to be consumed by a living object, said food composition comprises anchovy, wherein the anchovy has reduced concentration of heavy metals; wherein the concentration of heavy metals in anchovy is reduced by a method that comprises soaking and washing the anchovy in an aqueous solution; and wherein the soaking and washing are done by continuously running the aqueous solution over the anchovies.
- 3. The food composition of claim 1 or 2, wherein the heavy metal is arsenic.
- 4. The food composition of claim 1 or 2, wherein the anchovy is in the form of a dry powder.
- 5. The food composition of claim 1 or 2, wherein the living object is human.
- The food composition of claim 1 or 2, wherein the aqueous solution is fresh water.
- 7. Anchovy processed to be consumed by a living object, said anchovy has reduced concentrations of heavy metals; wherein the concentration of heavy metals in anchovy is reduced by a method that comprises soaking and washing the anchovy in an aqueous solution; and wherein the soaking and washing are done by changing the aqueous solution in preset intervals.

- 8. Anchovy processed to be consumed by a living object, said anchovy has reduced concentrations of heavy metals; wherein the concentration of heavy metals in anchovy is reduced by a method that comprises soaking and washing the anchovy in an aqueous solution; and wherein the soaking and washing are done by continuously running the aqueous solution over the anchovies.
- 9. The anchovy of claim 7 or 8, wherein the heavy metal is arsenic.
- 10. The anchovy of claim 7 or 8, wherein the living object is human.
- 11. The anchovy of claim 7 or 8, wherein the aqueous solution is fresh water.
- 12. A dry anchovy powder to be consumed by a living object, the powder having reduced concentration of heavy metals; wherein the concentration of heavy metals in anchovy powder is reduced by a method that comprises soaking and washing the anchovy in an aqueous solution; and wherein the soaking and washing are done by changing the aqueous solution in preset intervals.
- 13. A dry anchovy powder to be consumed by a living object, the powder having reduced concentration of heavy metals; wherein the concentration of heavy metals in anchovy powder is reduced by a method that comprises soaking and washing the anchovy in an aqueous solution; and wherein the soaking and washing are done by continuously running the aqueous solution over the anchovies.
- 14. The dry anchovy powder of claim 12 or 13, wherein the heavy metal is arsenic.
- 15. The dry anchovy powder of claim 12 or 13, wherein the living object is human.
- 16. The dry anchovy powder of claim 12 or 13, wherein the aqueous solution is fresh water.

- 17. A method for reducing the concentration of heavy metals in anchovy prior to be consumed by a living object, said method comprising of soaking and washing the anchovy in an aqueous solution, the soaking and washing are done by changing the aqueous solution in preset intervals.
- 18. A method for reducing the concentration of heavy metals in anchovy prior to be consumed by a living object, said method comprising of soaking and washing the anchovy in an aqueous solution, the soaking and washing are done by continuously running the aqueous solution over the anchovies.
- 19. The method of claim 17 or 18, wherein the anchovy is semi-dry.
- 20. The method of claim 17 or 18, wherein the aqueous solution is fresh water.
- 21. The method of claim 17 or 18, wherein the heavy metal is arsenic.
- 22. The method of claim 17 or 18, wherein the living object is human.
- 23. A method for manufacturing a dry anchovy powder to be consumed by a living object, wherein the dry anchovy powder has reduced concentration of heavy metals, the method comprising the following steps of:

picking and choosing clean semi-dry anchovies with good quality; soaking and washing the semi-dry anchovies in aqueous solution; drying the soaked and washed anchovies; and making the dry anchovy powder;

wherein the soaking and washing is done by changing the aqueous solution in preset intervals.

24. A method for manufacturing a dry anchovy powder to be consumed by a living object, wherein the dry anchovy powder has reduced concentration of heavy metals, the method comprising the following steps of:

picking and choosing clean semi-dry anchovies with good quality;
soaking and washing the semi-dry anchovies in aqueous solution;
drying the soaked and washed anchovies; and
making the dry anchovy powder, wherein the soaking and changing is done by
continuously running the aqueous solution over the anchovies.

- 25. The method of claims 23 or 24, wherein the aqueous solution is fresh water.
- 26. The method of claim 23 or 24, wherein the heavy metal is arsenic.
- 27. The method of claim 23 or 24, wherein the living object is human.